



11/08/2014

Mrs. Shraddha A. Raravikar (Department of Psychology) gave a speech to F. Y. B. A. Students on "**Love and Theories of Love**". She focused mainly on the theory of love proposed by American Author John Gray in his famous book 'How to Get What You Want and Want What You Have'. The theory talks about the ten love tanks we need to fill to live healthy and happy life. Those are:

1. Love and Support of God
2. Love and Support from Parents
3. Love and Support from Family
4. Peer Support
5. Self Love
6. Relationship, Partnership and Romance
7. Giving unconditional love to someone who is depending on you
8. Giving back to your community
9. Giving back to the world
10. Serving God