

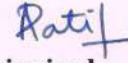
Yog-Sadhana and Present Youth

On 16/12/2015 during the NSS special winter camp, Prof. Vandana Rakebe delivered lecture on "Yog-Sadhana and Present youth" in his lecture he, told the students the importance of Yog-Sadhana to the students, in his lecture he gave the practical demonstration, of Suryanamaskar, Pranayam, Basrika and Kapalbhathi, he emphasized on the importance of yog for building personality of every individual, by doing yog the moral and ethical values will be attained by the students, it will make them more intelligent, and they will attain tranquility and Peace of mind. On this occasion Prof.D.P.Saudagar Physical Director of the college also shared word of wisdom of Yog-Sadhana with the students. On this occasion Principal Dr.A.P.Patil,Vice Principal R.H. Thakare, Vive-Principal Smt Dr. S.T.Wagh,NSS Programme Officer Dr.D.S.Borade Prof. D.S.Godge, Prof.D.P.Saudagar, Prof.S.L.Wagh, Prof.B.P.Bhangale, Smt.S.A.Raravikar, and villagers were present.



NSS Programme Officer

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