



## Curriculum Vitae (C.V.)

### ABOUT ME:

have been working as a Director of Physical Education & Sports since 03/09/2010 in various Colleges run by Maratha Vidya Prasarak Samaj, Nashik. I have 13 years experience.

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### GENERAL INFORMATION AND ACADEMIC BACKGROUND

1. Name (in Block Letters): - **Dr. DIPAK PRAKASH SAUDAGAR**
2. Father's Name / Mother's Name: - **Mr. PRAKASH SANDU SAUDAGAR**
3. Subject Taught: - **Physical Education**
4. Department: -**Department of Physical Education & Sports**
5. Current Designation & Grade Pay: - **Director of Physical Education & Sports.  
(Assistant Professor) AGP 8000 (Level -12)**
6. Date of last Promotion: - **31/07/2022**
7. Date of eligibility for promotion: - **31/07/2025**
8. Date of Birth: - **14/09/1984**
9. Sex: - **Male**
10. Marital status: - **Married**
11. Nationality: - **Indian**
12. Address for correspondence (with Pincode): - **Maratha Vidya Prasarak Samaj's Arts,  
Science & Commerce College, Ozar (Mig), Tal. Niphad, Dist. Nashik – 422206.**
13. Permanent Address (with Pincode): - **Flat No. 1306, B-Wing, Samraat Gokuldham,  
Kamal Nagar, Near GEMS School, Hirawadi, Panchvati, Nashik – 422003.**  
**Mobile: +91 9370049507**  
**Email: - [dpsaudagar@gmail.com](mailto:dpsaudagar@gmail.com)**

14. Academic Qualifications :-

Examinations	Name of the Board/ University	Year of Passing	Percentage of marks obtained	Division/ Class/Grade	Subject
BA	Pune	2005	55.00	IInd Class	Spl. Geography,
B.ED (PHY.EDU)	Pune	2008	72.66	Ist Class with Distinction	Physical Education
M.ED (PHY.EDU)	Pune	2010	72.37	Ist Class with Distinction	Physical Education
SET	Maharashtra	2010	Qualified	-	Physical Education
Ph.D.	Savitribai Phule Pune University, Pune	2022	Awarded	--	Physical Education

16. Research Degree(s): -

Degrees	Title	Date of award	University
Ph.D.	महाराष्ट्रातील वरिष्ठ गटातील रायफल व पिस्तोल शुटींग खेळाडूंचे कार्यमान निवडक शरीरक्रीया, मानसशास्त्रीय शारीरिक सुदृढता व शरीरमापन घटकांचा विश्लेषणात्मक अभ्यास.	28/02/2022	Savitribai Phule Pune University, Pune

17. Appointments held prior to joining this institution: - Nil

Designation	Name of Employer	Date of Joining		Salary with Grade	Reason of leaving
		Joining	Leaving		
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18. Posts held after appointment at this institution: -

Designation	Department	Date of actual Joining		Salary with Grade
		From	To	
Director of Physical Education & Sports (Assistant Professor) (Stage-I)	Arts, Science and Commerce College, Ozar (MIG), Tal. Niphad, Dist. Nashik.	03/09/2010	24/09/2013	15600 – 39100 AGP 6000

<b>Director of Physical Education &amp; Sports (Assistant Professor) (Stage-I)</b>	KGDM Arts, Commerce & Science College, Niphad, Dist. Nashik	<b>25/09/2013</b>	<b>26/08/2014</b>	<b>15600 – 39100 AGP 6000</b>
<b>Director of Physical Education &amp; Sports (Assistant Professor) (Stage-II)</b>	Arts, Science and Commerce College, Ozar (MIG), Tal. Niphad, Dist. Nashik.	<b>27/08/2014</b>	<b>Till Date</b>	<b>79800 – 211500 AGP 8000</b>

**19. Period of teaching experience:**

**P.G. Classes (in years) : 13 Years**  
**U.G. Classes (in years) : 13 Years**

**20. Research Experience excluding years spent in M. Phil / Ph. D (in years): - 09 Years**

**21. Fields of Specialization under the Subject / Discipline**

- (a) Physical Education  
(b) Volleyball, Basketball, Shooting

**22. Working Committees:**

- Chairman of Sports Activities/Gymkhana Committee
- Member of Campus Safety, Security & Discipline Committee
- Member of Board of Student Development Committee
- Member of Career Guidance & Placement Cell Committee
- Member of Ant ragging and Prevention of Sexual Harassment Committee
- Member of National Educational Policy Core Committee

❖ **Research Activity:**

**I. Research Papers in Peer- Reviewed or UGC listed Journals by Mr. D. P. Saudagar**

<b>Sr. No</b>	<b>Title of the Article/ Paper</b>	<b>Name of the journal</b>	<b>Whether you are the main Author</b>	<b>No. of Coauthors</b>	<b>ISS N No.</b>	<b>Impact Factor</b>
1	Stress: Occupational Health and Prevention Pg.116-118 (2016-17)	International Refereed Multidisciplinary Journal of Contemporary Research	Yes	01	ISS N 2320 - 3145	3.552
2	मल्लखांब खेळाडूंच्या एकाग्रता व समन्वय या घटकांवर यौगिक प्रक्रियांचा	Scholarly Research Journal for Humanity Science & English Language	Yes	01	ISS N 2348 -	3.801

	परिणाम अभ्यासणे Pg 4578-4583 (2016-17)				3083	
3	पिस्तोल व रायफल शुटींग खेळाडू यांच्यातील श्वास रोखून ठेवण्याच्या क्षमतेचा तुलनात्मक अभ्यास (2017-18)	Scholarly Research Journal for Interdisciplinary Studies UGC APPROVED SR.NO.49366 Vol. 5, Issue – 43, JAN-FEB, 2018 Released on 04/03/2018	Yes	01	2278 - 8808	6.177
4	यौगिक प्रशिक्षण कार्यक्रमाचा १२ ते १४ वर्ष वयोगटातील जिम्नॅस्टीक खेळाडूंच्या लवचिकता व तोल या घटकांवर होणार्या परिणामांचा अभ्यास (2019-20)	Current Global Reviewer	Yes	01	2319 - 8648	7.139
5	पुणे जिल्ह्यातील राष्ट्रीय रायफल शुटींग खेळाडूंच्या कार्यमानावर निवडक प्राणायामाचा होणाऱ्या परिणामांचा अभ्यास (2019-20)	Nibandha Mala <b>UGC CARE Listed</b>	Yes	01	2277 - 2359	5.1
6	प्राणायामाचा तिरंदाजी खेळाडूंच्या कार्यमानावर होणाऱ्या परिणामांचा अभ्यास (2020-21)	Scholarly Research Journal for Interdisciplinary Studies Vol. 10, Issue -54	Yes	01	2319 - 4766	7.380
7	व्हॉलीबॉल खेळाडूंच्या समन्वय घटकावर योग प्रशिक्षणाचा होणारा परिणाम (2021-22)	Akshar Wangmay International Research Journal <b>UGC -CARE LISTED</b> Special Issue, Vol. IV, July 2021 (Peer Reviewed)	Yes	01	2229 - 4929	--
8	पिस्तोल व रायफल शुटींग खेळाडूंच्या शारीरिक सुदृढतेचा तुलनात्मक	B. Aadhar Peer Reviewed & Refereed Indexed Multidisciplinary International Research	Yes	02	2278 - 9308	7.675

	अभ्यास (2021-22)	Journal (August 2021) Issue no. 313 (CCCXIII) B				
9	पुणे जिल्ह्यातील महाविद्यालयीन युवकाच्या हृदयाचा दमदारपणा या आरोग्यधिष्ठित शारीरिक सुदृढता घटकाच्या स्तराचा अभ्यास व मानांकन निर्मिती (2021-22)	B. Aadhar Peer Reviewed & Refereed Indexed Multidisciplinary International Research Journal (August 2021) Issue no. 313 (CCCXIII) B	No Correspo nding Author	02	2278 - 9308	7.675
10	महाराष्ट्रातील वरिष्ठ गटातील रायफल व पिस्तोल शुटींग खेळाडूंचे कार्यमान व शरीरमापन घटकाचा तुलनात्मक अभ्यास (2021-22)	RESEARCH NEBULA An International Refereed, Peer Reviewed and Research Quarterly Journal in Arts, Commerce, Education Social Sciences	Yes	01	2277 - 8071	7.399
11	बास्केटबॉल खेळाडूंच्या एकाग्रतेवर योगाचा होणारा परिणाम अभ्यासणे (2021-22)	International Journal of Health, Physical Education & Computer Science in Sports	Yes	01	2231 - 3265	7.217
12	National Education Policy: New Start for Physical Education and Sports (2022-23)	International Journal of Advance and Applied Research (IJAAR)	Yes	01	2347 - 7075	7.328
13	Sports Education in Colleges and Facilities: A Future Perspective (2022-23)	Education and Society <b>(UGC CARE Listed)</b>	Yes	01	2278 - 6864	-

14	Practicing Yoga: The Transformative Instrument to Enhance Human Health	Education and Society (UGC CARE Listed Journal) Issue No. 2, January- March 2024	Yes	01	2278 - 6864	-
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## II. Research Papers Presented in Conference/Seminar by Prof. D. P. Saudagar

Sr. No	Title of the Article/ Paper	Name of the Conference	Place	Level
1	The Need for Biomechanics to Understand Muscle Actions (2010-11)	Fitness And Wellness	MVPS SVKT ASC College, Deolali Camp, Nashik	State
2	हडबॉल कौशल्याच्या कृती मूल्यमापन आणि परिणाम मुल्यामापनाचा सह संबंधात्मक अभ्यास (2010-11)	Issues and Themes in Physical Education & Sports: Contemporary Situation	Mahatma Gandhi Mahavidyalaya, Ahmedpur, Dist. Latur (MS)	National
3	धारणा व त्राटक प्रशिक्षण कार्यक्रमाचा १२ ते १६ वर्ष वयोगटातील जिल्हास्तरीय तिरंदाजी खेळाडूंच्या एकाग्रता व कार्यमानावर होणारा परिणामांचा अभ्यास (2010-11)	Impact Of Sports Psychology on Performance of Sportsmen	A & C College, Vani, Dist. Nashik	State
4	Study of effect of Physical Activity Programme on Age Group 12 to 15 Year Overweight and Obese School Children (2011-12)	Fitness, Wellness & Recreation for Self Development	PDEA Baburaoji Gholap College, Pune	National
5	Sports and happiness (2014-15)	Subject Well- Being	MVPS ASC College, Ozar (Mig), Dist. Nashik	State
6	Review of Government Sports Policy in India (2016-17)	Current Status of Physical Education & Sports	MM's C.A.C.P.E., Pune	State

7	पिस्तोल व रायफल शूर्तींग खेळाडूंच्या मानसिक कनखरतेचा तुलनात्मक अभ्यास (2017-18)	National Conference on Sports & Library Sciences	P.D.U.E.S. Shri. Sant Savta Mali Gramin Mahavidyalaya, Phulambri, Aurangabad	National 24 <sup>th</sup> Feb 2018
8	रायफल व पिस्तोल शूर्तींग खेळाडूंच्या फुफ्फुस धारण क्षमतेचा तुलनात्मक अभ्यास (2019-20)	National Conference on Psychological Contributions in Sustainable Human Development in Sports, Organizations and Community Health	VPSPM Arts, Commerce & Science College, Kannad, Aurangabad	National 20 <sup>th</sup> -21 <sup>st</sup> Dec 2019

### III. Chapters in Edited Books and Books: 03 Publications (other than Research Papers)

Sr. No.	Title of the Book	Title of the Chapter	Name of the Publisher	Month, Year	ISBN No.
1	<b>Sustainable Development for Society, Industrial Development, Material, Energy and Environment: Key Issues, Opportunities and Challenge</b>	<b>Physical Fitness During Lockdown Period Among Undergraduate Students: A Survey</b>	<b>Jyotikiran Publication, Pune</b>	<b>Vol. II March 2022</b>	<b>978-81-953847-8-5</b>
2	<b>वैयक्तिक खेळ नियम व कारक कौशल्ये</b>	<b>नेमबाजी (Shooting)</b>	<b>Diamond Publications, Pune</b>	<b>first Edition March 2022</b>	<b>978-93-91948-64-1</b>
3	<b>Relevance of Yoga Past Present and Future</b>	<b>Understanding Yoga and Mental Health</b>	<b>Sanskriti Publication, Latur</b>	<b>first Edition 05th October 2023</b>	<b>978-81-963163-1-0</b>

**IV. Academic Staff College Orientation / Refresher Course attended :**

Name of the Course/ Summer School	Place	Duration	Sponsoring Agency
1.Refresher Course	UGC-ASC SP PUNE UNIVERSITY,PUNE	04/07/2016-24/07/2016	UGC
2.Orientation Course	UGC-HRDC GOA UNIVERSITY,GOA	04/07/2017-31/07/2017	UGC

**❖ Faculty Development Program/Refresher/ Short Term Programs Attended:**

Sr. No.	Name of the Teacher	Department	FDP/Refresher/ Short Term/Workshop (Online/Offline)	Duration	Place
01	Prof. Dipak P. Saudagar	Physical Education	Successfully Completed Two Weeks Faculty Development Programme on "MANAGING ONLINE CLASSES and CO-CREATING MOOCS:2.0"	May 18 - June 03, 2020.	MHRDC PMMMNMTT Ramanujan College, Delhi.
02	Prof. Dipak P. Saudagar	Physical Education	Successfully Completed One Week Faculty Development Programme on "OPEN SOURCE TOOLS FOR RESEARCH"	June 08 - June 14, 2020.	MHRDC PMMMNMTT Ramanujan College, Delhi.
03	Prof. Dipak P. Saudagar	Physical Education	Successfully completed One Week Online National Faculty Development Program on "PROMOTING EXCELLENCE IN PHYSICAL EDUCATION AND SPORTS THROUGH INNOVATION IN TEACHING AND LEARNING, ICT & PROFESSIONAL APPROACH"	27 <sup>th</sup> May-02 <sup>th</sup> June 2021	Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education., Delhi
04	Prof. Dipak P. Saudagar	Physical Education	Successfully Completed Two Weeks Refresher Course : 1 <sup>ST</sup> ONLINE REFRESHER COURSE IN PHYSICAL EDUCATION	06 <sup>th</sup> Sep - 19 <sup>th</sup> Sep 2021	UGC- HRDC GUJARAT UNIVERSITY, AHMEDABAD-380009
05	Dr. Dipak P. Saudagar	Physical Education	Successfully Completed One Day Workshop : Work Skills & Prosocial Behavioural Development for	06 <sup>th</sup> May 2023	MVP's Human Resource Development Centre, Nashik



			<b>Senior and Professional College Teachers</b>		
<b>06</b>	<b>Dr. Dipak P. Saudagar</b>	<b>Physical Education</b>	Successfully Completed Online Short-term Faculty Development Program on “Emotional Intelligence for Teacher in Higher Education”	<b>16<sup>th</sup> to 25<sup>th</sup> November, 2023</b>	<b>Jointly Organised Career Katta and Innovative Pedagogy Development Centre, Shri Shivaji Science College, Amravati; with UGC MMTTC Sant Gadge Baba Amravati University, Amravati.</b>

### **AWARDS AND ACHIEVEMENTS:-**

- 2005 - 1<sup>st</sup> All India Shooting Championship held at – Deharadun and Achieved **Gold Medal**
- 2004-05 & 2005-06 – Nashik District Shooting Championship Held at- Nashik and Achieved – **Champion Of Champions Trophy Two times.**
- 2007- 1<sup>st</sup> swa. Savarkar Air-weapon “LAKSHYAWEDH” State Competition Held at- Mumbai and achieved - **Bronze medal.**
- 2007- All India inter-university Shooting Championship Held at- Hariyana and achieved- **Bronze medal**

Dr. Dipak Prakash Saudagar  
Director  
Physical Education & Sports